Counseling Resources Near Chino Valley

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Counseling

The Parent Project – parent skills specifically designed for parents of strong-willed or defiant children. 9077 Arrow Route, Rancho Cucamonga, CA 91730 Phone: (909) 477-2625, www.parentproject.com

Samaritan Counseling – 1126 West Foothill Boulevard #110, Upland, CA 91786

Phone: (909) 985-0513 samaritancounselingupland.org

Chino Hills Counseling –3833 Schaefer Avenue, Chino, CA 91710 Phone: 909 590 2260

chinohillscounseling.com

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Chino Human Services Counseling – 13201 Central Ave Chino, Ca 91710 Phone : 909 334 3465 mpratt@cityofchino.org

The Avery Centre: 5871 Pine Ave Suite 230 Chino Hills, Ca 91709 (909) 597-2226

Center for Individual & Family Therapy -3000 E. Birch, Ste 106 Brea, Ca 92821; Phone: 714 558 9266

Olive Branch Counseling Center – 9033 Base Line Road, Ste H, Rancho Cucamonga;

Phone: 909 989 9030; Riverside Center 4041 Brockton, Riverside, 92501

www.olivebranchcounseling.org

Matrix Institute on Addictions – intensive outpatient chemical dependency programs for adults and adolescents, 11777 Sebastian Way, Rancho Cucamonga 91730; Phone: 909 689 4155

www.matrixinstitute.org

Turning Point Counseling -12530 10th St. Unit D, Chino, CA 91710 Phone: (800) 998-6329 www.turningpointcounseling.org

Valenta Depression Recovery Program; Valenta Eating Disorder Recovery Program- 9479 Haven Ave, Rancho Cucamonga, Ca 91730 909 771 8023 www.ValentaOnline.com

Water of Life Church – Celebrate Recovery; Healing Program; Marriage/Family counseling; Parenting Programs, 7625 East Ave. Fontana, CA. 92336 info@wateroflifecc.org

Programs for Teen Issues

Teen Rescue - bringing healing to parents and their children through intervention, education, and training. Provides coaching for parents and referrals to residential schools for teens. Phone: 800 494 2200; www.teenrescue.com

Heartlight Ministries – a residential counseling opportunity dedicated to helping adolescents and their families work through difficult situations. P.O. Box 286 Hallsville, Tx 75650 Phone: 909 668 2173 www.heartlightministries.org

Wilderness Renewal – 12 Step Program for adolescents; Phone: 855 329 8732 **wildernessrenewal.com Turn About Ranch** -provides a unique set of services to struggling young people and their families. 280 North 300 East, Escalante, Utah 84726; Phone: 800 842 1165; www.turnaboutranch.com

Fristers (**Friends and Sisters**)-Outreach and parenting resources for teenage mothers and their children. Weekly meetings with free child care and mentorship programs. Multiple locations in churches in Yorba Linda, Irvine, Costa Mesa, Anaheim, Santa Ana, and La Habra. Phone: 949 387 7889; **www.fristers.org**

Programs for Adults

Teen Challenge- programs for adult men & women. Centers across the nation. Residential programs for drug & alcohol treatment. www.teenchallenge.org.

Salvation Army– Phone: 800 728 7825; Drug, alcohol treatment, spiritual, social, emotional assistance for men and women who have lost coping skills, and ability to provide for themselves. www.salvationarmyusa.org

Eating Disorders

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Valenta Eating Disorder Recovery Program 9479 Haven Ave. Rancho Cucamonga, CA. 91730

www.ValentaOnline.com

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Pacifica Recovery Services – Intensive outpatient program for eating disorders and/or chemical dependency. 415 W. Foothill Ste 210, Claremont 91711; Phone: 909 447 5081 www.pacificarecovery.com

Overeaters Anonymous – Anorexia program Phone: 505 891 2664, www.oa.org

Remuda Ranch – bulimia, anorexia, obesity treatment programs, 1 E. Apache St, Wickenburg, AZ.,

Phone: 866 390 5100 www.remudaranch.com

Loma Linda University Behavioral and Eating Disorder Program- Redlands, CA. Phone: 800-752-5999 lomalindahealth.org

Rebecca's House- Lake Forest, CA. Phone: 800-711-2062 rebeccashouse.org

Testing & Tutoring and Educational Therapy

Stowell Learning Center –Lindemood-Bell Reading Program; educational assessment and therapy; tutoring, 15192 Central Ave. Chino, Ca 01710 Phone: (909) 598 2482 www.learningdisability.com

Big Springs Educational Therapy Center & School – Educational assessment and therapy:

Speech/language, Occupational, Vision, Social skills. Riverside Campus: 2882 Arlington Ave, Riverside,

Ca. 92506 Phone: 951 394 8300; Temecula Campus: 41769 Enterprise Circle North Suite #101,

Temecula, CA. 92590 Phone: 951 719 3738 www.bigspringsedtherapycenter.org

 $\label{lem:centerbest-Behavioral \& Educational Services-Laurie Dickson-Gillespie, PhD Testing and assessment, child and adolescent therapy, family/group attachment therapy, post adoption consultation. \\$

545 N. Mountain Ave. Suite 201, Upland, CA. 91786 Phone: 909 946 0707 www.centerbest.net

Persona Neurobehavior Group – Comprehensive assessment services. 625 Fair Oaks Ave. #390, South

Pasadena, CA. 91030 Phone: 626 449 2484 www.personagroup.com

Sylvan Learning Centers – Educational assessment and tutoring. Multiple locations. www.sylvanlearning.com

Cogmed – home-based program that helps children with attention problems by training and increasing their working memory capacity. 888 748 3828 www.cogmed.com

Kumon – after school math and reading program. www.kumon.com

Bright solutions for Dyslexia – www.Brightsolutions.us; www.BartonReading.com

The Prentice School – for dyslexia, www.prentice.org

Visual processing issues – Southern Calif. College of Optometry

http://www.sccoeyecare.com/visiontherapy/index.html

Homework Hotline –Harvey Mudd College Phone: 877 827 5462 www.askhmc.org Khan Academy – online free tutoring for many subjects www.khanacademy.com

College Entrance Tests & Tutoring

ACT and SAT Prep – on the OCHS campus – check with counselors and career center

SAT Prep Plan - SAT tutoring, www.satprepplan.com

Score Prep –PSAT and SAT tutoring. Phone: 213 388 7737 or 213 612 7780; 800 PREP 182

 $Method\ Test\ Prep\ raise your score@method test prep.com$

www.testtakers.com – individual, customized SAT preparation

www.skillstutor.com - SAT preparation

www.collegeboard.com – SAT information and preparation

Khan Academy- www.Khanacademy.com

Test Registration (OC school code 052278)

ACT - www.actstudent.org SAT - www.collegeboard.com

College & Scholarship Information

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www.collegequest.com – information on any college

www.csumentor.com – information on any Cal State University

www.gocollege.com

www.fastweb.com - scholarship information

www.students.gov education, career planning, pay for college, military service

www.collegeboard.com - students create a file for MyCollegeQuickStart

www.mystudentedge.com- career, college, scholarship exploration and information

www.careercruising.com - career, college, scholarship exploration; user name OC; password knights

Career & Job Training

ROP – Regional Occupation Program open to anyone over 16. Free. Phone:909 980 6490 **www.baldyviewrop.com** See your O.C. counselor. Elective credits given.

Community Service Agencies (partial list)

3-Way Thrift Store –13390 Central Ave, Chino, CA. 91710 Phone: 909 902 0025. Providing supplemental funds for Ontario Christian School, Salem Christian Home, and Inland Christian Home. **Salvation Army** – Services for the needy and homeless. 1412 S. Euclid Ontario 909 986 6748; Thrift

Store: 456 E. Holt Ave, Pomona; 490 E. La Verne Ave, Pomona 909 623 1579

Food For Life –2991 Doherty St. Corona, CA. 92879 Phone: 951 279 5090

www.FoodforLifeMinistry.org

Inland Valley Humane Society- Animal adoptions and veterinary care, 500 Humane Way, Pomona, CA. 91766, Phone: 909 623 9777

Public Library – 13180 Central Ave, Chino CA. 91710 Phone: 909 465 5280

 $\textbf{Learning Ally-Recording for the Blind} - 1844 \ W. \ 11th \ , \ Upland. \ CA. \ 91786, \ Phone: 909 \ 949 \ 4316.$

Reading to and recording for blind persons, general office services.

Pomona Valley Hospital - Volunteer Services 909 865 9669

St. Vincent De Paul, Pomona -909 629 1404

American Red Cross, Ontario – 909 986 6651

New Hope Project / Mariposa Community Services – Homeless Outreach Programs, Ontario First Methodist Church. 918 North Euclid Ave. Ontario 91762 Phone: 909 984 4300; 909 271 3332 **Loaves & Fishes** – Friday night meals for the homeless.

Chino Neighborhood House – 13130 6th St. Chino, CA. 91710 Phone:909 628 5608 Emergency assistance to children and families

YMCA - 5665 Edison Ave, Chino, CA. 91710 - Phone: 909 597 7445 camps and after school programs



